

Ways you can Help Stop Violence Against Women



“Speak Out” to End Violence Against Women!

- Tell friends or colleagues about the important work of Interim Place

Volunteer with Interim Place

- Apply for a volunteer position: volunteer@interimplace.com or call (905)-403-9691 x2223

Organize Community Activities

- Fundraising events for Interim Place
- Donation Drives for new clothing, food, household and other items for women and children

Testimonials

“Thank You from the bottom of my heart. I now have the strength I needed a long time ago to be free.” Rashida, Former Interim Place Client

“Hitting, Bad words, Yelling, Crying. No More.” Johnathon Age 6 -Former Interim Place Client

Support our work through Financial Gifts

- One-time or monthly donations to support women and children in our shelters or community programs
- Suggest others to donate to Interim Place for your birthday, event or special occasion

Donate Now by logging onto our website at www.interimplace.com

For in-kind donations, please visit our website for a *Wish List* of items for the women and children at the Shelter.

For more information on Ways to Give, please call (905) 403-9691 x 2223 or email us at development@interimplace.com

Contact Us

Administration Office

Telephone: (905) 403-9691

Fax: (905) 403-9808

P.O. Box 45070, Mississauga, ON, L5G 1C9

Email: mail@interimplace.com

Charitable Number: 10751 0059 RR0001



Make a Change Today!



If you are a woman in need of help due to violence call us...

We can Help! ...

...to provide shelter, support, counselling and advocacy to help abused women and their children break the cycle of violence. We are a women-centered, anti-racist, anti-oppressive, non-profit organization serving the diverse population of the Region of Peel.

Interim Place

“Closing the Door on Abuse - Opening the Door to Hope”



www.interimplace.com





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Are ANY of these things happening to you or have happened to you?
Call Us... We can Help!

Do you feel that you have to be careful about what you say and/or do to keep your partner from getting angry?

Did you stop seeing friends and family, or give up personal interests or activities you enjoy because your partner does not like them?

Do you keep quiet or did you stop expressing your opinions because your partner does not agree?

Do you worry because your partner has threatened to hurt themselves, hurt you, your children or family pets if you have raise issues or talk about leaving?

Do you find yourself apologizing or making excuses to yourself or others for your partners behaviour?

Does your partner convince you that their jealousy is a sign of love?

Have you been kicked, hit, shoved or had things thrown at you?

Does your partner control your movement, your use of phones, computer and money?

Does your partner force you to have sex and/or do things that you do not want to do?

Does your partner call you names and say things that make you feel bad about yourself?

Have you been hurt and controlled by a family member, caregiver, employer or person you trust?

Are you homeless as a result of violence or abuse?

All our Services are Free and Confidential.
You can get help by calling our Shelter or the Community Support and Outreach Program for support with the following:

- Crisis support and counseling services for women and their children.
- Safety Planning
- Information and referral assistance in areas such as housing, income support and employment training.
- Advocacy and support with legal matters including: family, criminal, landlord and tenant, criminal injuries, worker's compensation, immigration, employment insurance, income support appeals.
- Employment, Training and Education.
- Social, recreational and educational groups and programs for women and children.
- Practical assistance and help with obtaining food, clothing, identification, healthcare and daycare.

Are you in need of **Community Support**?

Interim Place operates a Community Support and Outreach program (THSP) that helps women in the community who are currently experiencing or have experienced violence. The program is available to all women whether they have previously resided at the shelter or have remained in the community. We provide follow-up after care support and outreach services.

Community Support and Outreach Program (THSP):

Telephone: (905) 676-0257

TTY: (905) 676-1413

www.interimplace.com

Are you in need of **Emergency Shelter**?

Interim Place operates two emergency shelters for women facing violence. Our 24-hour Emergency Shelters provide up to 54 beds for women with or without children in a safe, secure, confidential setting.

24 Hour Crisis Lines:

Telephone: (905) 403-0864

TTY: (905) 403-0453

Telephone: (905) 676-8515

TTY: (905) 676-0284



If you are women in need of help you can also call toll-free 24 hours a day / 7 days a week:

Assaulted Women's Helpline

Telephone: 1- 866-863-0511

TTY: 1- 866-863-7868



Provincial French Crisis Line

Telephone: 1- 877- FEM-AIDE or

1- 877-336-2433

TTY: 1- 866-860-7082

Sexual Assault/ Rape Crisis Centre of Peel

Telephone: (905) 273-9442

Interim Place services are provided in all languages through our multi-lingual staff, language interpreters and ASL services.



*If you are experiencing abuse, you are not alone and you are not to blame. You have choices...
Call us ... we can help you find safety!*

